



	Specific Ingredients											Semi-specific Ingredients																	
	Wheat	Eggs	Milk	Peanuts	Soy	Shellfish	Crustaceans	Chickens	Pork	Beef	Soy	Seeds	Almonds	Walnuts	Other Nuts	Gluten	Shellfish	Crustaceans	Other Seafood	Other Meats	Other Dairy	Other Grains	Other Vegetables	Other Fruits	Other Herbs	Other Spices	Other Oils	Other Beverages	Other
SALADS																													
Chicken Taco Bowl																													
Farm Bowl																													
Creamy Punch Bowl																													
Maverick																													
Tofu Bowl																													
the Cal-Mex																													
Classic Chicken Caesar																													
Southwestern Cobb																													
The Hipster																													
Spicy Balmi																													
Earthy Nutty Crunchy																													
Market Salad																													
Crispy Egg Bowl																													
Salmon Avocado Caesar																													
Salmon Cream																													
Pork Protein																													
Shrimp Mimosas																													
Shrimp Caesar Bowl																													
Spring Egg + Chicken																													
Easter Protein																													
Shrimp Chili Tomato																													

DRESSINGS

Creamy Sriracha																													
Balsamic Vinaigrette																													
Mexican Honey Vinaigrette																													
Caesar																													
Buttermilk Ranch																													
Carrot Chili Vinaigrette																													
Lemon Tahini																													
Basil Onion																													
Lemon Squeeze																													
Lime Squeeze																													
Extra Virgin Olive Oil																													
Sriracha Sauce																													
Basil Tahini																													
Creamy Ranch																													
Mild Sriracha Dressing																													
Green Goddess Dressing																													

BASES

Romaine Lettuce																													
Spinach																													
Wild Rice																													
Kale																													

INGREDIENTS

Tomato																													
Home Made Croutons																													
Red Onion																													
Grilled Corn																													
Red Cabbage																													
Apple																													
Celery																													
Cilantro																													
Carrot																													
Roasted Snap Peas																													
Raisins																													
Walnuts																													
Sunflower Seeds																													
Toasted Almonds																													
Roasted Tofu																													
Spicy Broccoli																													
Hard Boiled Egg																													
Black Beans																													
Roasted Potato																													
Steamed Green Beans																													

PREMIUMS

Grilled Chicken																													
Grilled Salmon																													
Avocado																													
Cheddar Cheese																													
Shaved Parmesan Cheese																													
White Cheese																													
Grilled Shrimp																													
Onsen Egg																													
Chicken Fillet																													
Roasted Tomato																													

SIDE

Pocket Bread																													
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BEVERAGES

Yuzu Sparkling Water																													
Ume Sparkling Water																													
Sanpellegrino Pomepelo																													
Sanpellegrino Melograno & Arancia																													
Hawaiian Sun Island Iced Tea																													
Bottled Beer																													

Variations may occur due to differences in suppliers, in seasons and regions, ingredients substitutions, recipe revisions, and/or food preparation at the restaurant. For general information on food allergens, visit the Food Allergy Research & Education Web site at <http://www.foodallergy.org>. Calories and other nutritional information are based on Standard Tables of Food Composition in Japan (2020) and data supplied from our suppliers.



Table with 28 columns for nutrients: Energy, Protein, Fat, Carbohydrate, Fiber, Sugar, Sodium, Calcium, Magnesium, Iron, Zinc, Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin C, Vitamin E, Vitamin K, Vitamin D, Vitamin B12, Vitamin Pantoic, Vitamin Biotin, Vitamin Folate, Vitamin B9, Vitamin B10, Vitamin B11, Vitamin B12, Vitamin B13, Vitamin B14, Vitamin B15, Vitamin B16, Vitamin B17, Vitamin B18, Vitamin B19, Vitamin B20, Vitamin B21, Vitamin B22, Vitamin B23, Vitamin B24, Vitamin B25, Vitamin B26, Vitamin B27, Vitamin B28, Vitamin B29, Vitamin B30, Vitamin B31, Vitamin B32, Vitamin B33, Vitamin B34, Vitamin B35, Vitamin B36, Vitamin B37, Vitamin B38, Vitamin B39, Vitamin B40, Vitamin B41, Vitamin B42, Vitamin B43, Vitamin B44, Vitamin B45, Vitamin B46, Vitamin B47, Vitamin B48, Vitamin B49, Vitamin B50, Vitamin B51, Vitamin B52, Vitamin B53, Vitamin B54, Vitamin B55, Vitamin B56, Vitamin B57, Vitamin B58, Vitamin B59, Vitamin B60, Vitamin B61, Vitamin B62, Vitamin B63, Vitamin B64, Vitamin B65, Vitamin B66, Vitamin B67, Vitamin B68, Vitamin B69, Vitamin B70, Vitamin B71, Vitamin B72, Vitamin B73, Vitamin B74, Vitamin B75, Vitamin B76, Vitamin B77, Vitamin B78, Vitamin B79, Vitamin B80, Vitamin B81, Vitamin B82, Vitamin B83, Vitamin B84, Vitamin B85, Vitamin B86, Vitamin B87, Vitamin B88, Vitamin B89, Vitamin B90, Vitamin B91, Vitamin B92, Vitamin B93, Vitamin B94, Vitamin B95, Vitamin B96, Vitamin B97, Vitamin B98, Vitamin B99, Vitamin B100.

SALADS

Table listing various salad items and their nutritional values across 28 columns.

DRESSINGS

Table listing various dressing items and their nutritional values across 28 columns.

BASES

Table listing various base items and their nutritional values across 28 columns.

INGREDIENTS

Table listing various ingredient items and their nutritional values across 28 columns.

PREMIUMS

Table listing various premium items and their nutritional values across 28 columns.

SIDE

Table listing side items and their nutritional values across 28 columns.

BEVERAGES

Table listing various beverage items and their nutritional values across 28 columns.

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Table with 28 columns representing nutrients: S E R P T C S D S S P C M I Z V V V V V V N V V F V S C

SALADS

Table listing various salads such as Chicken Taco Bowl, Farm Bowl, Creamy Punch Bowl, etc., with columns for item name and 28 nutrient values.

DRESSINGS

Table listing various dressings such as Creamy Sriracha, Balsamic Vinaigrette, Mexican Honey Vinaigrette, etc., with columns for item name and 28 nutrient values.

BASES

Table listing various base ingredients such as Romaine Lettuce, Spinach, Romaine Lettuce & Spinach, etc., with columns for item name and 28 nutrient values.

INGREDIENTS

Table listing various ingredients such as Tomato, Home Made Croutons, Red Onion, Grilled Corn, etc., with columns for item name and 28 nutrient values.

PREMIUMS

Table listing various premium items such as Grilled Chicken, Grilled Salmon, Avocado, Cheddar Cheese, etc., with columns for item name and 28 nutrient values.

SIDE

Table listing side items such as Pocket Bread with columns for item name and 28 nutrient values.

BEVERAGES

Table listing various beverages such as Yuzu Sparkling Juice, Ume Sparkling Juice, Sarpellegrino Pompelmo, etc., with columns for item name and 28 nutrient values.

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